

Some Like it Hot: Tales from the Firehouse
Interview with Lucas Coward

SUMMARY KEYWORDS

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Jen Weidner 00:03 Today is June 6, 2023. I'm Jen Weidner with the Jeffersonville Township Public Library conducting interviews for Some Like It Hot: Tales from the Firehouse. I'm here today with Lucas Coward of Jeffersonville Fire Department. What is your title?

Lukas Coward 00:20Sergeant. Sergeant, earlier this year, there were several retirees. There's five retirees from the department so a lot of internal promotions.

Jen Weidner 00:35 Well, congratulations on your production. So everyone has a story to tell, I wanted to give Jeffersonville firefighters the chance to share their stories. So how long have you been with the department?

Lukas Coward 00:45 I've been with the department for six years. This March six years, March 17.

Jen Weidner 00:52 So what made you want to become a firefighter?

Lukas Coward 00:54 Hum, was kind of an interesting, interesting, interesting story. I guess I was involved with a youth group at my church. And the youth group leader was a volunteer firefighter in Georgetown. And there's a Georgetown, Indiana there's a bunch of guys in the group that we're all interested in being firefighters. I mean, I've always had an interest in public service. I hadn't really decided what I was going to do at the time. I was only in high school. And I thought you know, I thought about being a firefighter, police officer something like that before. But I kind of set it aside Well he started a program at that department at Georgetown. For some some of those younger guys. My friends are doing that. So I was like I'll see what that's all about. And then a couple of years later everybody else has gone I'm still doing it. I just kind of fell in love with it. And just kind of checked all the boxes for me as far as like making a difference in the community as interesting profession. You know, everyday is a little bit different, keeps you on your feet. And you know, you get to be active. You get to you get to do something every day and I appreciate that. So it's kind of odd that I found that I kind of stumbled into it, I guess but also, it was something that I had considered for me, just like I said, all the benefits.

Jen Weidner 02:21 So if you weren't a firefighter, what do you think you would be doing?

Lukas Coward 02:25 Well, I have a, I have a degree in advertising. So I will tell you as I got that degree, and I had decided that I wanted to be a firefighter before that. But I also wanted to have some backup and I started applying for a lot of departments in the area as I was finishing up college. And fortunately I got on here in Jeffersonville and that was that was the end of it. So if I hadn't got the fire department I probably would have either ended up somewhere else or I would have gone into the advertising world glad that I'm a

Jen Weidner 03:03 Firefighter. It seems a little not, I don't want to say easier. But yeah. So it is a process to get on the fire department, right? It's not like a normal job where you just apply and interview and that's it right so can you take me through like what that process is?

Lukas Coward 03:19 So the Jeffersonville Fire Department has what's called a merit system. So there's a lot of departments in the state have adopted this system and basically, it's a way that they get the best candidate for the job in the most fair way possible. So the merit system is made up of a panel. There's a panel of merit board members that are community members that are elected or appointed by the fire, Firefighters Union Administration of the fire department. The mayor has an appointee in the city council has two appointee's as well. So there's this group of people that are in charge of the merit system group, along with the state testing agencies, come up with a written test that is supposed to be unbiased. Kind of give you an overview of the candidates. What will make them we'll make them good for the job. And then there's also an oral interview that was conducted by those board members that has basically a check had to have questions in an interview and there's like a checklist of what they want you to say that that will get you the most points so it's basically trying to be objective when it comes out very awkward.

Jen Weidner 04:33 I'm gonna say like how awkward and nerve wracking is that?

Lukas Coward 04:37 So you walk in for your interview and you're expecting to have a conversation with somebody, they hand you a binder with questions like okay, answer your question number one and you just kind of have

Jen Weidner 04:48 Answer on the fly yeah.

Lukas Coward 04:50 So fortunately, I had I was pretty determined to, to get the job. I put in a lot of effort ahead of time.

Jen Weidner 04:58 You'd already kind of been in the firefighting field.

Lukas Coward 05:01 Yeah, I had. I had been, I had been involved in, in firefighting already. So I prepped with some people that worked here and there, whatever. And so I kind of knew what to expect with that interview. And so I practiced ahead of time with my, my dad and my wife like having them ask me questions.

Jen Weidner 05:20 Absolutely!

Lukas Coward 05:22 Trying to give an answer like I would have been so practice a lot. Went in for that interview. And so you take the written test, they give you a score, did pretty well on the written test, and I went for the interview, did the interview like so it's just such an awkward format. Afterwards I was like, there's no way I'm gonna be last and

Jen Weidner 05:41 We always feel that way after the interview don't we!

Lukas Coward 05:43 No way I got this job, comes back out. Got the third, third place on that list, which I think that hired four people off the list that I was on, so it was just a good position to get hired. And that was the summer of 16' went through the process and then obviously there's waiting for everybody to retire at the beginning of the year. And other retirees that I'm going to replace Phil Lovan, who was a battalion chief, his family's very tied to the city. There's lots in the fire department.

Jen Weidner 06:15 Everywhere there's Lovans!

Lukas Coward 06:16 Home Depot, everywhere you go

Jen Weidner 06:18 That's awesome!

Lukas Coward 06:19 Jeffrey still works out at the department. Phil, and Doug Sneed, Doug's son still works on the department Brent. Denny Frantz, those were the three guys that retired the year that I got hired, and I can't remember which one specifically I was hired to replace. I think they told me that that was that was, it was pretty cool.

Jen Weidner 06:45 Did you have to do a physical tests too?

Lukas Coward 06:47 Yeah. So we require, we require it's called a CPAT. It's actually a nationwide is a candidate and physical ability test. And it's basically a nationwide standard that departments across the country have agreed like this is the basic minimum of what it takes to become a firefighter. And so you can find those you can find those classes, you know, throughout the state or whatever. I think I went over to Kentucky to do mine. And you just have to, you have to give you a card at the end of it basically says that you're fit to be a firefighter. And if you apply to different departments, you can present that. And most departments will take that and that's the point their physical portion.

Jen Weidner 07:26 That's the standard.

Lukas Coward 07:27 Yeah, there are some departments still like Louisville has they have their own physical agility test that is very difficult. I went through that., I went through their physical testing as well. So that's, that's what we required for Jeffersonville.

Jen Weidner 07:45 So what are some challenges of your job?

Lukas Coward 07:47 Biggest challenge I think there are there are quite, I'll talk about a couple of the biggest challenges I think a lot of firefighters face is mental health. I guess there's a lot of there's a lot of

strength, there's a lot of depth to that answer, like primarily, as far as the job goes, it's very easy to fall into complacency because we don't, every day we're not every day going to fires not every day stretching our skills, you know. So it's very easy for guys to get comfortable to get to the point where they're not interested in the job anymore. If you're not, if you go to a house and the guys the first day might be like okay, are we going to train and then three years later, you're like, I don't really want to do anything today. Guys, we'll get into this sense of complacency and we'll get bitter about the job because they're not active. They're not being active not being progressive. We're not learning they're not taking in new information. And I think that's a challenge is just to stay on top of what you need to know for the job and, and to keep the passion for the job as well. Because, you know, I'm very passionate about my career and I very much enjoy what I do. And I think that it's, it's very important and that makes a difference to the community and I want to stay that way throughout my career. And I think a lot of guys you know, though, work a ton of overtime, they'll just be there all day until they get burnt out.

Jen Weidner 09:26 Well it's easy to do if you're there all the time.

Lukas Coward 09:30 So I think that to combat that, you know, you got to have a good work life balance and make sure that when I'm at home, you know, I'm at home with my kids and we you know, I do the things that recharges me mentally which leads into the mental health aspect as far as like what you see, you know, like there are certainly some things that will stick with you in this job. Some things that are I think on a daily basis, we see things that will be a life changing moment for most people to encounter. And we see those things two or three times a day. So like to deal with that, I think the temptation is to kind of hold that in and you know, and to not talk about it, be tough about it or whatever. And I think the first step in combating that, that I think is to recognize it by first off. My captain I've been with for a long time Jason Wiesenauer , he's now he's very proactive in mental health as far as recognizing the signs of PTSD. I just knowing some of the things that I encounter like what that what that is, you know, because mentally you you start to feel things when you start to think things. Like for example, one of the things that I often struggle with, is like you see car accidents, you see traumatic events, you start to think like what's going to happen to my family, I just have this overwhelming negative feeling

Jen Weidner 11:10 Like anxiety

Lukas Coward 11:10 Inside something bad is gonna happen. And my family is always like you feel you know, you feel off about something like you should act, you should act like I don't feel like you should go to work today. Like I feel like something bad is gonna happen, you know? And then for a normal person, and you have a bad feeling like that and maybe there's something to pay attention to. When I started to realize that I have that all the time. Like I always feel like something bad is gonna happen. At some point I realized like that's a sign of PTSD and mental stress. And then I said the first sign of combating that is just recognizing that and I'm able to be like, Okay, this is just my brain

Jen Weidner 11:24 Your brain is overworked.

Lukas Coward 11:32 And it's overthinking. So that's kind of a thing that I struggle with on a regular basis, but recognize is the first sign and then I said I'm home I get a lot of enjoyment out of spending time with my family

Jen Weidner 12:15 You get to recharge.

Lukas Coward 12:16 Make sure that I do those things. I do a lot of stuff outdoors hunting and fishing. I make sure to set a time set aside time to do that, to where I mentally

Jen Weidner 12:27 It's very nice to hear a firefighter, a male firefighter say like, take care of our mental health because as we know like not just in males in any way shape or form, but it's like it's harder, sure

Lukas Coward 12:38 True

Jen Weidner 12:38 To be open and express like this firefighter should be tough. I should never have problems but you have a really good captain whose wife is into mental health.

Lukas Coward 12:47 I think that carries through to the department to like he was that for me. And then as new people come on, I can be that voice for them. I think that's the things that make true changes. And it's okay to not be okay. Yeah

Jen Weidner 13:05 Like anybody but I mean, what you guys see what you guys go through is very traumatic and if you're not if you're just compartmentalizing that and not talking about or getting help that's coming that leads to addiction and other things. We don't want any of that for our firefighters or anybody but what are some? Okay, first of all, how long does it take to get used to working 24 hour shifts?

Lukas Coward 13:27 It you get used to it a lot faster. It has become one of my favorite things about the job. I said I got into firefighting before this. So I'd already had probably five years of experience and from that from a scheduling standpoint on what the schedule is like. I worked part time there at Georgetown while I was going to college. So I kind of worked that shift schedule a little bit and got used to it. And truthfully, I actually that was one of the first jobs that I had and then I got this job so that's kind of the schedule that I've always known. They say how hard is it to get used to well, not hard at all, because that's the

Jen Weidner 14:12 All that you have known, right.

Lukas Coward 14:15 I really, I really like it as far as you know. You spend your time here. At home, you get to go home you get to spend full days with your family and be able to get my kids up in the morning and put them to bed at night. To spend the entire day with I feel like I get to be more of a more involved as a dad because of that. Now there are times where I've gone. My wife has the kids at home are missing out on a birthday party or or whatever because the way that the schedule falls. Obviously we have to work holidays and weekends and everything. So you do feel like you're missing out sometimes but I think that the benefits of having extended time off at the end of the tour have full 24 hours off to make up for it. Like technically I guess we work 72 hour weeks, but it doesn't necessarily always doesn't feel that bad because you sleep.

Jen Weidner 15:12 You have times off in between.

Lukas Coward 15:13 Yeah.

Jen Weidner 15:15 So what is it you'd work? 10 days a month?

Lukas Coward 15:18 Yeah, we work 10 days a month. So basically we work what we call the tour, a nine day tour. So have every other day for five of that. So this week we work Monday, Wednesday, Friday, so I worked yesterday I'm off today for 24 then I'll be back on Wednesday for 24, then off Thursday, and Friday I work 24 and then after that I have four full days off. They call that is basically there's different names for the schedules, but that's a modified Kelly schedule. And a lot of departments will do like a 24 on 48 off so you work a day that you often two and then you come back but I really like the way that we do this because you know you're that five days it's your every other day is kind of exhausting by the end of it. But then having that four day weekend.

Jen Weidner 16:08 You can get like a little vacation.

Lukas Coward 16:09 You take one day off or I get a trade or whatever now you've got almost a full week.

Jen Weidner 16:16 That's amazing. Most people don't get that with regular 9/5 jobs. I mean that's fantastic.

Lukas Coward 16:21 And I think that's one of the I think that is a necessarily a hack but okay, a perk of the job. As far as your mental health goes if you choose to use it that way like I do, like when I when I'm off like I want to be off. You know a lot of guys will work a bunch of different jobs on the side. Or they'll get in or they'll come back for overtime or whatever and I do that very sparingly. Just because like I think I want to be on here for I got hired at 22 so I'll probably be on the job until I'm 52. By the time that I'm there like I want to still like it

Jen Weidner 17:01 Exactly you still want to have that passion and have your mental health intact.

Lukas Coward 17:05 I think it's important to take advantage of that time. Because it wears on you after a while having some time away.

Jen Weidner 17:15 So one of my questions is do you have another job besides firefighting?

Lukas Coward 17:20 No, I don't a lot of guys do. So my wife works. She works at the NICU. And so we kind of have our schedules balanced to where and when she when I'm off, she's working. So I spend a lot of time with my kids and on my days off we we don't we have a my wife is really into flowers. So we have a huge garden at our on our property. And she's trying we're setting trying to start this year like doing cut flower business. Actually sell bouquets and so this is what I've been putting a lot of focus into this year is getting that garden ready. But here and there you know I might pick up there's a couple of guys that do some have business on the side might work a day with them or whatever here and they're

looking some overtime or whatever to do that but I you know I use that value that so much that recharge time that I think I've set myself up to financially be to the point where I don't have I don't need to.

Jen Weidner 18:26 And your kids will appreciate that when they get older that dad was there. Yeah. So let's see here are some of the best parts of your job?

Lukas Coward 18:35 I think my favorite parts of the job is the camaraderie with guys just having another family. You know, and especially if you work with if you have a particular crew that you like a lot. You spend a lot of time with, you know, it really feels like you have a second family and that's a lot it's a lot of fun and the day's you're at the firehouse I mean there are some are some really tough times miserable conditions and some nasty things that you have to go through but doing it with those people that you appreciate that appreciate, you know what you're doing and that you get along with really well and that you have that bond with it just makes it so it makes it very enjoyable. And I also like I also get a lot out of a different sort of feel like you make a difference. Like I said, my degree was in advertising. There's certainly a lot more money to be made in there. You know, every day you get a chance in this profession to actually do something for somebody that's going to make a lasting difference. You know, and I really appreciate that and get a lot out of that.

Jen Weidner 19:48 In advertising you'd be working for somebody else when they want and like I wouldn't be giving back too much to the community and you probably wouldn't be liking your co-workers. What are some of the worst parts of your job?

Lukas Coward 20:01 There worst parts are there are some really long nights. That can be difficult. You're up every hour, all night long. You gotta go home and your kids are there waiting for you. You got a whole day at home scheduled, you know and you've been up online, that can be exhausting. Just generally the wear of knowing that at any time you could be called upon to go out. Do something dangerous or very intense. I guess you don't think about it while you're sitting there, but subconsciously you're always kind of on, on guard that just wears on you after after a while. And then also there's, there's a degree of uncertainty I think as far as what's going to happen. I got calls and also like in the department like as you get on a crew that you really like there's a sinking feeling that you know like it's gonna be broke up event like there's gonna have to be you know, I just went through that promotional process. And it was kind of like, I know that I need to move forward in my career, but I also really liked where I was. So it's kind of a give and take there and that's kind of the disappointing part of the job too, is uncertainty as far as like your your crew, because it does make a big difference.

Jen Weidner 21:39 Oh, I'm sure Yeah, it's like with any job if you have good people that you work with, it makes it all bearable and fun.

Lukas Coward 21:46 But I think to that all the people on our department, we have a lot of really good people. I think they all look you know, they're all very capable of the job. They're all very, very capable of getting along with people. I think that attitude that you go into work and whatsoever that your work makes the biggest difference. You get in and you go out of your way to, to interact with them and to be passionate about the job and share your passion like it'll bring out what...

Jen Weidner 22:16 And, make everybody's okay, so I need to talk today just anyone having a bad day? You know, whatever it is. It's your family. Yeah, so there might be squabbles, it's just human nature. Is there one call that stands out to you more than others we can before we started recording kind of alluded to something about on the river.

Lukas Coward 22:37 Yeah, so there's, I mean, there's I thought about this a little bit on the way over. I'm sure she's probably asked. But this is kind of the one that I go to. What's the most the weirdest, most interesting call that you have been on, so this was I was actually working. I was transferred out to station five. I was assigned to station one, a private there. I've been transferred to station five, which is on Allison Lane there by the high school. And I was working with Josh Kempf that day. And we got through the day and so the one of the calls that we make with the fire department is carbon monoxide alarms or carbon monoxide emergencies is not a very regular call. And when we do get them it's generally my CO alarm is going off batteries dead or they let their car run a little too long. You just so you don't usually get those calls. Most common. We do get them, it's generally not actually something. So we get a call down at the Admirals Anchor where the are the boats are docked that there a there's a boat there that's running. And they looked, or someone has looked down the hatch and there's someone laying on the floor down there, and it's immediately that Josh's first thing is like I bet it's probably some guy, because it's a it's a large boat has a cabin. So he's like, the man is down in the cabin of the boat. And so as we're on the way there, the dispatcher is telling us that he's been working on the boat that day. And bystanders have said it's been running for several hours. So we're like this is probably some kind of a CO emergency. So immediately Josh makes the decision to get all of our air packs on as we go on to give medical support to this guy. And so we get the air packs and the CO monitor as we get into the cabinet of that boat. I forget the exact number but it was like around 900 Almost 1000 parts per million of CO which I think the I very well could be wrong about this, but it's somewhere around like the 200s over an extended period of time can be very detrimental to your health. So he has a huge concentration of CO. We get down there immediately see that this, this guy is down down the stairs in this tiny little boat hatch and out on the water. So now we've walked down the dock or on the boat in the water. And now we've got to get this patient up so we get him up and then start doing CPR. And of course there's, there's poop all over the floor. And so you're dragging them up through that. I mean it's just nasty like dragging them through the , trying to get them so Josh and I drag him up the stairs doing CPR. And we started doing CPR in the back of this boat. And we did all that with our air packs on as well you know to go down into the into the environment and then we noticed that, Ben notices that there's a cat that's down in this as well. I mean, and obviously we try to we have people's pets or animals. We try to treat them like a patient or try and try to take care of them as well. As long as the proper care is given to the person first. So you got to take care of the person and Josh was like, take care of Ben you take care of that cat care animal respirators on the truck.

Jen Weidner 26:34 Okay

Lukas Coward 26:36 So,so he's like, give that cat some oxygen and see if you can get it revived. You know? Maybe we can, we can do something about it so Ben starts to try and revive the cat. He's given an oxygen and trying to rouse it and then it wakes up just enough to like look at it makes eye contact bite his thumb fangs in,like drawn blood

Jen Weidner 27:00 I hate to laugh but

Lukas Coward 27:02 Oh I know awful situation. Just a weird, like mash up of all different kinds of every odd thing that you could think of this happened out here on this boat doing CPR, here's a cat bites, bites Ben Josh and I are trying to do CPR. And then we come to find out the one of the police officers that he got on scene first. Now he starts to feel sick because he had gone down to check on that guy. Now he had gotten CO poisoning as well. So when the ambulance gets there and we're able to get the person on to the patient onto the stretcher and over to the ambulance, because we only have to start giving care to the police officer as well. And there's just a lot going on there, just just a weird scene with a lot of obviously very bad situation but very much stands out to me like you're probably not gonna ever encounter something exactly like that again. You go to you know, you'll go to a bunch of fires over your career like a fire is a fire is a fire after a while they all start to run together or something like that. Always. I'll never forget that.

Jen Weidner 28:11 So was the cat okay?

Lukas Coward 28:12 They had to the cat was we brought it back to a degree Animal Control came, and they ended up having to euthanize the cat. And unfortunately, the patient died, was not I tell you that story is not there are some say humorous aspects of it. But it's an interesting story. But it is a it's reality of the

Jen Weidner 28:42 It's when fact is stranger than fiction because like nobody could write and have all those things happen.

Lukas Coward 28:48 It's not as though I was debating to tell that story, not because it's not like a pleasant funny story by any means.

Jen Weidner 28:53 But it's a reality you have to deal with.

Lukas Coward 28:56 If you want to if you want to know off the wall, saying that we would deal with it you would never expect that we would deal with that's perfect example.

Jen Weidner 29:05 I think that misconception is that all you guys do is fight fires and then sit in the firehouse the rest of the time. I know that's not true.

Lukas Coward 29:12 Yeah

Jen Weidner 29:12 I mean, I see you guys trucks out everywhere.

Lukas Coward 29:15 The majority of our job is medical emergencies or service calls and it's rare that we actually getting the opportunity to fight a fire.

Jen Weidner 29:27 My next question

Lukas Coward 29:29 That's kinda what we all want to be doing.

Jen Weidner 29:31 That's why you became a firefighter. What are some of the misconceptions about firefighting? We see so many shows on TV. I watch all those fire shows. I'm always like, that would never really happen.

Lukas Coward 29:41 Sure.

Jen Weidner 29:42 So what are some of those things that you can think of?

Lukas Coward 29:43 So like that story I just told you that's like a once in their career type thing that would make it on one of those TV shows like let that's a weird thing. That happened. On TV that happens every time

Jen Weidner 30:01 Every call.

Lukas Coward 30:02 Every call was like that. It's not like most of your calls are you are on. I can't remember because medical assistant you come in, you take some vitals and talk to somebody, get a history and you go home. That's the majority of the calls or you come and help with, you know, somebody's water has burst and they don't know how to shut it off. All I know to do is call the fire department. They can probably help. So we ended up so we ended up there to shut off somebody. Somebody's water that they can't figure it out. That's a misconception as well that we end up doing that stuff a lot more than

Jen Weidner 30:45 Not every call is a huge thing that they show on TV.

Lukas Coward 30:49 And I think that the TV shows a pretty dramatic firehouse like as far as the interactions with the people and not to say that there's not some drama amongst the people that work. Is there there certainly is but it's certainly not what they show

Jen Weidner 31:05 Not what they show on tv. If they did like a you know how they did like On Patrol live, they did it for the fire department people would be like, what is what are we watching?

Lukas Coward 31:18 This is really boring. They are just playing pickleball.

Jen Weidner 31:20 Really, this is I mean, but then when you do have a call, we know you're highly trained to take care of it.

Lukas Coward 31:26 I think there's a misconception there as well. Like my wife gives me a hard time. Also, you know she's at home with the kids. She was like I get you probably watched a movie and worked out today. That It must be nice. It's like yeah, like majority of your day is somewhat leisurely, like you, you do your chores, you do your training, and you can get some downtime. But I think it all makes up for the moments when you are expected to do your job

Jen Weidner 31:58 When there is a big fire or a car accident or something then.

Lukas Coward 32:01 That's where you, that's where you really earn your , your salary there's on those days. So yeah, we do have some time, some downtime on the job that people look down on or whatever but I think that

Jen Weidner 32:17 Those people would never make it as a firefighter. Yeah. When, when you come down to that when you come to that call, like Yeah, yeah. What advice would you give anyone wanting to become a firefighter?

Lukas Coward 32:33 I think that if you're wanting to become a firefighter, first off, understand the job and why you want to do it. Before you commit to a lot of people will say yeah, I'm on time off for the healthcare benefits or the pension or the schedule or whatever. Like that's why I want to do that. But they don't understand like, what actually they call it, the job is to look deeply at yourself. Think about if that's what you want to spend your life doing. If that's the kind of lifestyle that you want to live because it is a lifestyle, like mental health struggles, there's a schedule that can lead to struggles at home. There are certainly difficult aspects of it. And you have to be committed to it. Otherwise you're not gonna you're not gonna get out, out of it, what you what you could. So definitely look at yourself, look at and look at the department that you want to get on. So maybe make a list of a couple of departments that you'd be really interested in working on. And then you know, I would say make sure that you have some kind of a good fallback plan. If you're in high school and you want to get into firefighting, I;d make sure that you have some kind of like go to a trade school, to be a plumber or an electrician or something useful that you can do or get you get your college degree in business management or something that would help you you know, in the in the ranks department, or that you could do on the side once you got hired or whatever. And then spend your time applying to the departments that you want to just as being proactive and ask questions of people that are on the department and talk to them because we know the process to get hired because we've been through and most of the guys are pretty happy to share that. I mean, obviously there's a little bit of vetting in there like this person. I'm not gonna tell you. Somebody comes to us and they're truly interested in they really want to be a part of the department. A lot of guys are very happy to share tips on how to, how to prepare for those. For the interview process. As I said, it is kind of a strange, strange thing. So I just do your research on the job departments that you're interested in. How, How to get onto there. Don't be afraid to put in the time and effort to prepare

Jen Weidner 35:06 absolutely I mean, it's something that you want you should be prepared for it. Was there anything else you'd like to share with this?

Lukas Coward 35:11 None I can think of

Jen Weidner 35:20 Thank you for being here.